



**Contents**

Message from Councillor Kavanagh ..... 2

Mother’s Day Trivia Event..... 4

Blood Donor Clinic at Ron Kolbus ..... 4

Meeting on the City’s Active Transportation Plan – Have your say! ..... 4

Virtual Urban Cycling Workshop..... 5

April 28 Approved by City Council ..... 5

    Annual Tax Policy Report ..... 5

    Changes to the municipal housing benefit programs..... 5

City Nature Challenge: Let’s go, Ottawa!..... 6

Infrastructure Master Plan Update..... 7

City Meetings from May 3 to 7 ..... 7

Committee of Adjustment – May 5 at 6:30 pm..... 8

Traffic Impacts from Thursday, April 29 ..... 8

Summer eGuides now on-line ..... 10

Can your water pressure be affected by new developments?..... 10

Protect your bicycle! ..... 10

Safety and Health Week 2021 – May 2 – 8..... 11

Check on seniors during ongoing Pandemic..... 12

Slow Down for Us signs available ..... 13

LRT Stage 2 ..... 13

COVID-19 Section..... 13

    Current Restrictions ..... 13

    Vaccine Distribution Update..... 14

    Latest from Ottawa Public Health..... 14

    Get COVID-19 Vaccine Updates in your inbox..... 14

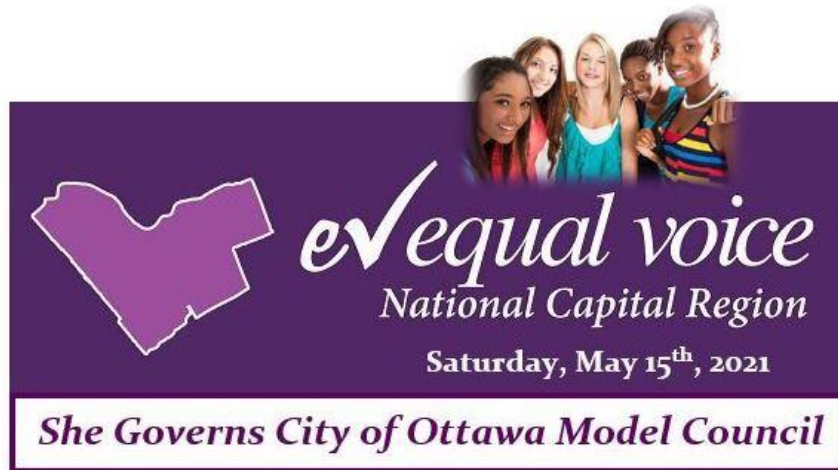
    Transportation to vaccination clinics..... 15

COVID Daily Dashboard & Map..... 15

COVID-19 in Ottawa – Support and Assistance ..... 16

Councillor Theresa Kavanagh’s Contact Information ..... 17

### Message from Councillor Kavanagh



### Looking for young women, gender-diverse and gender on-binary youth to take part in a simulated Council meeting

Inviting all young women, girls, gender-diverse and gender non-binary youth in Ottawa to become City Councillors for the day – They Govern – a virtual event being held on **Saturday, May 15th, 2021** in conjunction with Equal Voice Ottawa. To ensure the safety of all participants, this event will be held online.

Join me, Councillor Catherine McKenney and Councillor Catherine Kitts as we share our roles and responsibilities working for the municipal level of government. Discussions will be followed by a simulated City Council, where participants will have the unique opportunity to represent the ward/community that they live in, under the guidance of the Deputy City Clerk. Don't miss out on this amazing opportunity!

**Deadline for application is May 5th! Sign up at [They Govern – Become a City Councillor for the Day / Nous Gouvernons – Devenez un conseiller municipal pour la journée](#)**

### Overview

Equal Voice National Capital region (EVNCR) is a local chapter affiliated with Equal Voice National.

Equal Voice is a national, bilingual, multi-partisan organization dedicated to electing more women to all levels of political office in Canada. Equal Voice NCR’s purpose is the same, but with a focus on the National Capital Region.

The Equal Voice NCR She Governs initiative is a pilot project that will bring high school girls to the City of Ottawa to represent their wards in a simulated council meeting, and to learn about how city council works, along with how to be an engaged citizen in Ottawa.

Both Calgary, Alberta as well as Saint John's, Newfoundland's city councils have both held She Governs programs.

### **Objective & Outcomes**

The She Governs initiative aims to build on the success of the federal Daughters of the Vote program to expose emerging young female leaders in Ottawa with the city's political institutions and those people serving them at the most local level. In partnership with the City of Ottawa, EVNCR aims to equip, and inspire young women to participate in the formal political sphere in the years to come.

### **Desired Outcomes:**

- Expose local young female leaders to municipal politics;
- Introduce delegates to female councilors who have broken through the barriers that women often face in elected politics;
- Introduce delegates to local politicians at all levels, creating a sense of accessibility within the political process. Delegates would be encouraged to continue engaging with their Councilor after the program, possibly through volunteer work;
- Provide a forum where young female leaders can speak to local issues that they are passionate about;
- Foster an enthusiasm, excitement and desire for involvement in elected politics; and,
- Encourage more young women to run for office.

This a very exciting opportunity for a young person and I look forward to this event and hope to see you there – virtually of course.



## Meetings

### Mother's Day Trivia Event



This year's Mother's Day Tea is going virtual - I will be hosting a "Tea-rivia" evening. There will be prizes and surprises.

**When:** Wednesday, May 5<sup>th</sup> from 7pm to 8:30 pm Virtual Event

[Sign up through EventBrite](#)

### Blood Donor Clinic at Ron Kolbus

The next blood donor clinic at Ron Kolbus takes place on Friday, May 7th from 3 to 7 pm.

Visit [blood.ca](http://blood.ca) to learn more.

### Meeting on the City's Active Transportation Plan – Have your say!

The City is currently in the process of updating the [Transportation Master Plan](#), which will include an **Active Transportation Plan** for pedestrian and cycling facilities. This new plan will set the priorities and timelines for infrastructure improvements over the next ten years.

#### Councillors

**Theresa Kavanagh, Jeff Leiper, Riley Brockington and Rick Chiarelli**  
Invite you to "Have your say".

Share your ideas on how to improve walking and cycling in your Ward?

**Because this is a multi ward meeting, the focus of discussion will be cycling, cycling infrastructure, and cycling gaps.**

Join us on **May 18th, at 6:30 pm** for this very important discussion on the Active Transportation Plan in Ottawa.

[Sign up to receive your zoom link](#) for the meeting through your Councillor's office.

## Virtual Urban Cycling Workshop

Date: June 15, 2021 from 6:30 to 7:30 pm

Delivered by an experienced cyclist, this workshop will provide participants with tips on incorporating cycling into their everyday lives. You'll learn helpful hints, rules of the road, and advice on choosing a route to your destination.

This workshop is adapted for cyclists of every age and ability.

Sign up through Eventbrite: <https://www.eventbrite.ca/e/151859119715>

## April 28 Approved by City Council

### Annual Tax Policy Report

On Wednesday, April 28, Council approved the [annual Tax Policy report](#) that sets tax ratios for various tax classes for 2021 and the property tax due dates for 2022. The City will adopt neutral ratios and use all optional property classes permitted by the *Assessment Act* to allow for different taxation levels within a property class and minimize shifting the tax burden between tax classes.

The approved report will enable staff to continue tax mitigation measures aimed at keeping Ottawa affordable. Similar to those approved in previous years, this year's measures include rebates to charitable organizations, deferral of taxes and water bills for low-income seniors and persons with disabilities and the farm grant program.

Staff will also work on creating a small business property tax subclass that could provide a 10-per-cent tax discount for about 4,700 commercial properties in Ottawa that house roughly 7,800 small businesses. The discount would be offset by an increase of 0.68 per cent for 7,300 large commercial and industrial properties. Staff will consult and report back with final recommendations by the end of the third quarter.

### Changes to the municipal housing benefit programs

On Wednesday, April 28, Council approved changes to the [municipal housing benefit programs](#), which provides rent subsidies either directly to a landlord or as a housing allowance paid to a household. These programs are at capacity, and the approved changes will reallocate more than \$2.3 million from other municipal housing programs and provincial funding programs, enabling the City to continue funding current recipients and take on new applicants.

The changes approved also include updating the City's housing allowance framework to be consistent with current provincial housing benefits. With that change, new recipients of City housing benefits will be better able to afford the costs associated with securing and maintaining an affordable home in the private rental market.

## City Nature Challenge: Let's go, Ottawa!

Looking for something to do this weekend? The City Nature Challenge is an international event aimed at encouraging people to spend some time outdoors, looking for plants and animals in their neighbourhoods. The Canadian Wildlife Federation is organizing the event in Canada, as the host of [iNaturalist.ca](https://www.inaturalist.ca) (the online nature identification app that was featured in the City's [Wildlife Speaker Series event](#) last fall).

From **April 30 to May 3**, participants are encouraged to go outside and take photos of wild plants and animals, and to submit their sightings to iNaturalist. Lichens and toadstools count, too! You can submit observations from your own yard, a local boulevard or park, or a natural area in your neighbourhood.

Nature is closer than you might think!

You don't even need to know what it is—the app will help you by suggesting possible identifications and other iNaturalist users will be able to view your submission and confirm or correct the identification online. Identification of the City Nature Challenge sightings will continue until May 9. Anything identified after that will not be included in the official results but will still contribute to our understanding of biodiversity in our area.

If you're submitting observations from your own yard, remember to protect your privacy. The app allows you to adjust the geoprivacy setting for each observation, from "open" to "obscured" to "private." Other users will still be able to see your observation to help identify it, but they won't be able to see the exact location. Observations made on public property can be left open.

Last year the Ottawa-Gatineau region had just under 2,900 observations submitted by over 200 people – we were the third ranked city in Canada, after Calgary (5573 observations) and Halifax (4383 observations). This year, we hope to increase participation and boost our results even higher.

Just imagine what we could do by applying the One City, One Team approach to this City Nature Challenge!

For more information:

- [Canadian Wildlife Federation: Your Connection with Wildlife \(cwf-fcf.org\)](https://www.cwf-fcf.org) – check out their videos on how to use iNaturalist
- [City Nature Challenge – City Nature Challenge](#) – global web page
- [CityNatureChallenge/DéfiNatureUrbaine 2020: Ottawa-Gatineau \(NCR/RCN\) · iNaturalist.ca](#) – summary of last year's results for our region

## Infrastructure Master Plan Update

Having heard the significant interest in the infrastructure requirements for the Growth Management Strategy in the draft New Official Plan, The City's Planning Department is inviting Community Associations to attend a presentation on the developing Infrastructure Master Plan.

Please join on **May 11, 2021 at 6:30 pm** for a presentation and opportunity for follow up questions. To receive the link to join on the day of the presentation.

Please [register your email address here](#).

If you have any questions regarding this presentation, send these to [newop@ottawa.ca](mailto:newop@ottawa.ca).

## City Meetings from May 3 to 7

**Ottawa** – All Council, Committee and Board meetings will be held by remote, electronic participation, unless otherwise noted. For a complete agenda and updates, please [sign up for email alerts](#), visit [ottawa.ca/agendas](http://ottawa.ca/agendas) or call 3-1-1.

The City of Ottawa continues to take COVID-19 seriously, and in following the advice of provincial and federal governments is making significant changes to services and programming to help protect the health and wellbeing of the community. City Hall is temporarily closed to help stop the spread of COVID-19. In-person meetings have been cancelled. Such meetings, as warranted, will be held electronically until further notice. For more information about service disruptions, please visit our [COVID-19 webpage](#).

**Finance and Economic Development Committee** – Tuesday, May 4 at 9:30 am

- Presentation – The Ottawa Hospital's new Civic Campus development – a transformational healthcare city building project – project update
- Conservation Authorities – 2021 levies

**Transportation Committee** – Wednesday, May 5 at 9:30 am

- St. Laurent Boulevard transit priority corridor (Hemlock Road to Innes Road) environmental assessment study – statement of work
- Intelligent transportation systems and connected and automated vehicle update 2021
- All way stop control at the intersection of Queen Mary Street and Vera Street
- Speed reductions gateway zones in Lowertown, Sandy Hill and Vanier
- All way stop control at the intersection at Sweetland Street and Osgoode Street

**Agriculture and Rural Affairs** – Thursday, May 6 at 10 am

- Zoning By-law amendment – 5564 William McEwen Drive
- Ottawa Rural Clean Water Program 2016-2020 review and renewal
- Official Plan and Zoning By-law amendment – 2621 Donnelly Drive
- Amendment to the engineer's report for the Faulkner municipal drain
- Open mic session – Osgoode Youth Association – rural Ottawa youth mental health collective survey results

## Committee of Adjustment – May 5 at 6:30 pm

Please contact the Committee Office at [cofa@ottawa.ca](mailto:cofa@ottawa.ca) with your comments.

The application materials made available online include the Public Notice and Circulation Map, as well as Surveys, Site Plans and Elevation Drawings, where applicable. Please also note that it would be appreciated if comments on applications to be heard on **May 5, 2021** could be submitted by **April 28, 2021**.

**IF YOU WISH TO BE NOTIFIED** of a Decision of the Committee of Adjustment, you must submit your request in writing.

[830 \(832, 836, 838\) 840 Alpine](#) D08-01-20/B-00233 to D08-01-20/B-00238

- The Committee of Adjustment will consider Applications for Consent to subdivide the property into five separate parcels of land for the construction of two semi-detached dwellings and one detached dwelling. It is proposed to convey portions of the property to 836 Alpine for the construction of the detached dwelling. The existing dwellings are to be demolished.
- The Committee of Adjustment will consider Applications for Minor Variances to permit reduced lot areas, lot widths, rear yard setbacks, increased height and to permit increased projections for decks and a staircase. It is proposed to demolish the existing dwellings and to construct a detached dwelling and two semi-detached dwellings on the newly created parcels.

If you have any questions or concerns with the applications, or if you any difficulty accessing the application materials online, please contact the Committee office.

### Committee of Adjustment

City of Ottawa - Ben Franklin Place

101 Centrepointe Drive, 4<sup>th</sup> Floor,  
Ottawa, ON K2G 5K7  
613-580-2436

## Traffic Impacts from Thursday, April 29

- **Hartleigh Avenue** is closed at Richmond Road until Friday, May 28.
- **Woodroffe Avenue** southbound will be reduced to one lane between Iris Street and Baseline Road nightly from 6 pm to 11 pm on Thursday, April 29 and Friday, April 30.
- **Highway 417** – The following ramps will close from 11 pm on Tuesday, May 4 to 5 am on Wednesday, May 5 for Stage 2 LRT roadwork:
  - Westbound on-ramp from southbound Moodie Drive
  - Westbound on-ramp from northbound Holly Acres Road
  - Westbound on-ramp from southbound Pinecrest Drive
- **Highway 417** – The following lane reductions and ramp closures will take place from 8 pm on Friday, April 30 to 6 am on Monday, May 3 for bridge repair work:



- Highway 417 eastbound, between Carling Avenue and Rochester Street, will be reduced daily to one lane between 8 pm and 10 am and to two lanes between 10 am and 8 pm.
- The eastbound Rochester Street off-ramp and the eastbound Parkdale Avenue on-ramp will close.
- **Atlantis Avenue** will close from Monday, May 3 to Wednesday, June 30 for Stage 2 LRT work. Local access will be maintained.
- **Highway 174** – The following Highway 174 ramps and lanes will close for Stage 2 LRT roadwork:
  - The eastbound Highway 174 lanes at Jeanne d’Arc Boulevard will close from 9 pm on Friday, April 30 to 5:30 am on Monday, May 3. Vehicles will be detoured to the Jeanne d’Arc Boulevard on and off-ramps to cross.
  - The eastbound on-ramp from Blair Road will close nightly from 9 pm to 5:30 am from Monday, May 3 to Friday, May 7 and again from Monday, May 10 to Friday, May 14.
  - The eastbound on-ramp from Montreal Road will close nightly between 9 pm and 5:30 am from Monday, May 3 to Friday, May 7 and again from Monday, May 10 to Friday, May 14.
  - The eastbound off-ramp to Place d’Orléans Drive will close nightly from 9 pm to 5:30 am until Thursday, May 6.
  - The eastbound on-ramp from Place d’Orléans Drive will close nightly from 9 pm to 5:30 am until Thursday, May 6.
  - The westbound off-ramp at Champlain Street will close nightly from 9 pm to 5:30 am until Thursday, May 6.
  - The westbound on-ramp from southbound Tenth Line Road will close nightly from 9 pm to 5:30 am until Sunday, May 9.
  - The westbound on-ramp from southbound Champlain Street will close nightly from 9 pm to 5:30 am until Thursday, May 6.
  - The westbound on-ramp from northbound Champlain Street will close nightly from 9 pm to 5:30 am until Monday, May 3.
  - The westbound on-ramp from northbound Tenth Line Road will close nightly from 9 pm to 5:30 am from Monday, May 3 to Friday, May 7.
  - The eastbound Highway 174 lanes at Champlain Street will close from 9 pm on Friday, May 7 to 5:30 am on Sunday, May 9. Vehicles will be detoured to the Place d’Orléans Drive off and on-ramps to cross.
- **Montreal Road** is reduced to one lane of traffic in each direction under the Highway 174 overpass until mid-July 2021 for Stage 2 LRT work.
- **Dairy Drive** is closed until Friday, June 4 for Stage 2 LRT work.
- **Limebank Road** south of Earl Armstrong Road, will be reduced to one lane of traffic in each direction from 7 am on Monday, May 3 to 3 pm on Wednesday, May 5, and again from 4 am to 3 pm on Friday, May 7 for Stage 2 LRT work. Limebank Road will close completely between Earl Armstrong Road and Rideau Road from 8 pm on Monday, May 10 to 5 am on Tuesday, May 11.

For updates on construction and roadwork activity across Ottawa, or for information about traffic and travel planning, visit the City’s [traffic map](#) or follow the City’s traffic account on [Twitter](#).

## Summer eGuides now on-line

With sights set on better days ahead, the City's [Summer eGuides are now online](#). The start of in-person camps and activities will be subject to the prevailing COVID-19 restrictions being relaxed sufficiently to allow for the program to operate.

## Can your water pressure be affected by new developments?

Residents have been concerned that adding new apartment buildings will affect the water pressure to their home. We asked a City engineer to comment and the following is his response.

### **Infill development such as apartment construction will not affect water pressures in local neighbourhoods.**

Local watermain sizing is driven by fire suppression requirements. Normal domestic water usage is very low compared to the system capacity needed to fight a fire. As such, the incremental domestic demand that is added to local watermain networks as a result of infill and intensification will have no impact on existing levels of service.

There is a process in place to review all development applications to ensure that adequate fire capacity is available. In some areas, local watermain upgrades may be needed to support intensification, but this would be related to new fire requirements that exceed existing fire requirements.

For more information about the City's Water, Purification, and distribution visit [Ottawa.ca](https://ottawa.ca).

## Protect your bicycle!

The Ottawa Police Service (OPS) is warning residents to take extra precautions to secure their bikes from thefts.

A key priority for the Service is to raise awareness about bike thefts and how to prevent them. We are already seeing the number of stolen bikes on the rise in 2021. So far, we have received 30 more reported bike thefts than at this time last year (nearly a 70% increase).

Here are the highlights of the data:

- Every year about 1,000 bicycles are stolen city-wide;
- In the past five years over 5,000 bikes have been stolen, worth an estimated value of \$3.3M;
- The most expensive bike reported stolen last year was a Santa Cruz High Tower mountain bike, valued at roughly \$8,000.
- With the introduction of 529 Garage, the percentage of bicycles recovered is rising – to 6% percent last year;
- As expected, the summer months (June to August) have the highest volume of bike thefts;
- The neighbourhoods with the highest reporting are Centretown and Sandy Hill;
- The average reported value of stolen bikes is approximately \$700; and,
- The top three brands reported stolen are: Giant, Trek and Norco.

You can find the full data set here through Open Ottawa (<https://open.ottawa.ca/>). The data includes a number of key variables including: date, time of day, day of week, make, model, colour, reported value, and speed.

## Bike Theft Prevention

Take steps to enhance the security of your bikes:

- Use a sturdy bicycle lock (such as a U-Lock);
- Store your bike in a locked shed or garage;
- Pre-register your bike on [529 Garage](#) to let thieves and potential future buyers know the bike is registered and help police quickly locate and return your bike if it's stolen.
- Report on [Stolen Bikes Ottawa](#)

Along with its partners, *Bike Ottawa* and *Safer Roads Ottawa*, the OPS is encouraging cyclists to register their bikes on 529 Garage. This program is easy to sign up to [through the app](#) or [online](#). It can help police locate a stolen bike sooner. The app was launched in May 2019 in Ottawa and to date, 6,263 residents have registered, and 106 bikes have been recovered and returned to their rightful owners.

Simple things like investing in a durable lock or putting your bike away in a locked shed or garage, will go a long way to keeping it safe from thefts.

Residents living in high rise apartments and condominiums should store their bike in designated secured enclosures, and all riders should choose [bikes racks](#) that offer high visibility and foot traffic or surveillance.

For more information about 529 Garage and a full list of city bike shops offering the 529 Garage shield and registration help, please visit [ottawapolice.ca/endbiketheft](http://ottawapolice.ca/endbiketheft).

During the ongoing COVID-19 pandemic, you can still register your bike and be enrolled in the program, but we ask that you collect your sticker at a later date if you want to get your shield from one of our police stations. While the sticker offers a secondary serial number to verify ownership of the bike and acts as a visual deterrent, it is not necessary to complete the registration.

As the weather starts getting warmer, more residents in Ottawa will take advantage and get out of the house and go for a bike ride. It's a great way to enjoy the outdoors, but we are asking riders to still be mindful of physical distancing public health guidelines, along with any requirements to wear masks.

Protect your bike and yourself and enjoy your ride.

## Safety and Health Week 2021 – May 2 – 8

May 2 marks the beginning of Safety and Health Week in Canada.

The past year has been challenging. Sometimes it feels like all we talk about is how to keep ourselves and our colleagues safe from COVID-19. An extraordinary amount of time, energy and commitment over the past year has gone into keeping our people safe.

Some employees now work from home, others have seen retrofits to their workplace and we've all been introduced to new/updated policies and guidelines to keep us safe from COVID-19 in the workplace. Wearing masks, physical distancing and staying home when sick is the norm.

Being [COVID-WISE](#) is critical to maintaining the safety of our people during this pandemic.

But we can't lose sight of other potential hazards in the workplace and our need to protect ourselves and our colleagues from day-to-day risks.

Did you know...

...the top three accident/incident types in 2020 were overexertion/ergonomics, slips and trips (weather related and housekeeping) and stuck/caught type injuries?

and

...everyone in the workplace, from the employer to the newest worker, has an important role to play in keeping the workplace safe?

### **Together we can create safe workplaces and communities**

The theme for this year's Safety and Health Week is "together we can create safe workplaces and communities." The most important thing you can do to help is to learn and follow workplace safety rules and emergency procedures. When in doubt about any safety practice, ask your supervisor or manager, or reach out to your department's safety consultant.

More things you can do to help keep our workplace safe include:

- Doing a **walkabout** to confirm and/or refresh your familiarity with health and safety information in your workplace
- Participate in wellness activities
- Talk to your safety consultant. They are subject matter experts and are available to provide guidance and expertise to individuals and departments across the City on safety legislation, policies, procedures and practices.
- Learn about the work of your Joint Health and Safety committees (JHSC). A JHSC is a partnership between employees and management whose role is to discuss issues related to health and safety and make recommendations to help make the workplace safer. If your area is not large enough for a JHSC you should have a health and safety representative. Be sure you know who this is and reach out to them if you have any concerns.

### **Check on seniors during ongoing Pandemic**

(Ottawa)—The Ottawa Police Service [Elder Abuse Unit](#) is concerned that seniors continue to be at risk of ongoing isolation during the pandemic. Although physical distancing is key to prevent the spread of COVID-19, we encourage people to maintain open communication (e.g. phone or video calls, and emails, etc.) with older family members, friends and neighbours.

We are all in this together. To support each other, start with a wellness check of an aging family member and/or friend. That conversation can make a difference and break the isolation.

If you know of a vulnerable senior who is struggling with mental health, or needing to obtain groceries, health care, or social services, you can contact 2-1-1 to connect with a number of social services in Ontario or any of these local [community resources](#). The [Ottawa Distress Centre](#) at 613-238-3311 or 1-866-996-0991, is also available 24/7 for mental health support and resources.

Elder abuse is defined as any act or gesture that harms or threatens to harm an older person (65 or older). Abuse is any single or repeated act, threat, lack of appropriate action compromising the safety or wellbeing of an older person. It includes physical, sexual, financial and psychological abuse as well as neglect.

The Ottawa Police Service has an **Elder Abuse Information Line – 613-236-1222, ext. 2400** – a non-emergency information line that is managed by the Victim Crisis Unit crisis counselors who provide

information, crisis counseling and resources to vulnerable persons and victims of elder abuse. For emergencies where the safety of a senior is in immediate danger, call 9-1-1.

We recognize that the risk for elder abuse can increase during these uncertain times. If you have concerns relating to an older person in a retirement home or a long-term care home, speak with the Director of Care. If the concerns are not resolved, you can make a complaint to the governing bodies for the Home (i.e. Retirement Homes Regulatory Authority and Ministry of Health and Long-Term Care).

We understand that victims of elder abuse may not want police involvement. Although we encourage all incidents to be [reported](#), there are various community [resources available online](#) in cases where victims or families choose not to contact police.

Anonymous tips can be submitted by calling Crime Stoppers toll-free at 1-800-222-8477 or at [crimestoppers.ca](http://crimestoppers.ca).

### Slow Down for Us signs available



Send an email to [Bayward@ottawa.ca](mailto:Bayward@ottawa.ca) with your contact information to order a sign for your front yard and we will deliver it to you.

### LRT Stage 2

O-Train LRT Stage 1 and Stage 2 Quarterly update [available on-line](#).

### COVID-19 Section

#### Current Restrictions

## Enhanced stay-at-home order

 <b>Requirements</b>	 <b>OPEN</b> <b>Parks and play equipment</b> Maintain a 2m distance unless with members of your household	 <b>CLOSED</b> <b>Recreation amenities</b>
<p>Residents are required to remain at home except for essential purposes, such as going to the grocery store or pharmacy, accessing health care services, for outdoor exercise, or for work that cannot be done</p>	<ul style="list-style-type: none"> <li>• Play structures</li> <li>• Swings</li> <li>• Slides</li> <li>• Sand boxes</li> <li>• Benches</li> </ul> <p>Masks are mandatory at or within</p>	<ul style="list-style-type: none"> <li>• Off-leash dog parks</li> <li>• Walking, running and cycling through City parks</li> </ul> <ul style="list-style-type: none"> <li>• Sports fields – including those located at recreation facilities</li> <li>• Ball diamonds and batting cages</li> <li>• Basketball, tennis and pickleball courts</li> <li>• Skateboard parks</li> <li>• BMX and other bike parks</li> </ul>

## Vaccine Distribution Update

### Roundup

- To date, more than 359,000 doses of vaccines have been administered in Ottawa and more than one-third of Ottawa residents 16 years and older have received at least one dose.
- [All Ottawa residents age 55 and over](#) can begin booking appointments to receive the COVID-19 vaccine at community clinics.
- More than 113,000 appointments have been made available in Ottawa on the [Provincial Booking System](#) through the month of May.
- Visit the City's updated [Vaccine Distribution page](#) for information on appointments in all categories of eligible residents including high-priority neighbourhoods, licenced child care workers and [pregnant individuals](#).
- Use the OPH [COVID-19 Vaccine Eligibility Screening Tool](#) to see if you can currently receive the COVID-19 vaccine and learn how to book an appointment.
- The City continues to administer vaccines in accordance with the [Province's Vaccine Distribution Plan](#) while prioritizing those that are at highest risk of serious illness and death.
- The AstraZeneca COVID-19 vaccine is available in select Ottawa pharmacies for eligible people ages 40 or older in 2021. [Find your closest pharmacy](#).
- The [Provincial Emergency and Stay-at-Home Order](#) remains in effect, requiring everyone to remain at home except for essential purposes.
- The City is working with our partners at The Ottawa Hospital and Queensway Carleton Hospital to deliver vaccines to thousands of local health care workers. For more information on each of these delivery channels, including eligibility and booking information, please visit the OPH [Covid-19 Vaccination page](#).

### Latest from Ottawa Public Health

- "Every person who gets their vaccine brings us one step closer to community immunity". [Read Dr. Vera Etches' latest statement](#).
- Reminder: Ottawa has a [Voluntary Isolation Centre](#) for people who do not have access to an adequate shelter or cannot self-isolate safely in their own homes.
- Our simplified Chinese portal has all the information you need about the COVID-19 vaccine! [Find resources, information and videos in simplified Chinese here](#).
- Check out our [calendar for upcoming COVID-19 community events](#).
- [NEW COVID Stories: Dr. Kwadwo Kyeremanteng](#).  
Arabic CHIN Radio [Interview with Dr. Trevor Arnason](#).

### Get COVID-19 Vaccine Updates in your inbox

Sign up for the [COVID-19 vaccination update](#) e-subscription for regular news on the vaccine roll-out.

## Transportation to vaccination clinics

Residents are encouraged to arrange transportation through support of family, friends and pre-existing agreements with [Para Transpo](#). If you are a Para Transpo user, you can book your ride through the COVID-19 Vaccination Trip Reservation telephone line at 613-842-3600 between the hours of 10 am and 8 pm.

If a transportation option is not available to you, you can request a ride to and from the clinic through Ottawa Community Transportation after you have booked your appointment. [Ottawa Community Transportation](#) will contact you directly.

If you or someone you know require transportation but do not have online access, please contact 211 and they will help complete the transportation request form on your behalf. Please have your vaccine booking confirmation number available when calling.

COVID-19 protocols are in place to ensure the safety of the rider and the driver, and wearing a mask is mandatory.

For more updates on vaccine eligibility and distribution visit: [Ottawa.ca](#)

## COVID Daily Dashboard & Map

### [Daily COVID-19 Dashboard](#)

Please visit the Ottawa [COVID-19 Dashboard](#) for additional information on cases and deaths, outbreaks and core indicators for COVID-19 monitoring.

**COVID-19 is present in every single community within Ottawa.** Visit [Ottawa Public Health](#) to view a snapshot of COVID-19 across Ottawa, based on Ward geography. OPH continues to work with the health care sector and community partners to ensure they support the needs of at-risk populations. OPH is sharing this information in the interest of transparency.

You can also view the information by neighbourhood at [neighbourhoodstudy.ca/covid-19-in-ottawa-neighbourhoods/](#)

## Other Important Links

Refer to the [Ottawa Public Health](#) site for the most up to date information about the COVID-19.

- [Ottawa Public Health – COVID-19 Vaccine](#)
- [Vaccines Work- Myths about vaccines](#)
- [COVID-19 vaccines for Ontario](#)
- [COVID-19 vaccine safety](#)
- [Getting a COVID-19 vaccine in Ontario](#)
- [COVID and the City of Ottawa](#)
- [Status of COVID in Ontario](#)
- [Coronavirus in Canada](#)
- [Ottawa Public Health Dashboard](#)

- [Ottawa Public Health – Mental Health](#)
- [Ottawa Public Health – COVID and older adults](#)

### Other useful phone numbers

Please note that the current call volume is high

- Public Health Agency of Canada: 1-833-784-4397
- Tele-health Ontario: 1-866-797-0000
- Ottawa Public Health: 613-580-6744
- Distress Centre: 613-238-3311
- Municipal Services: 3-1-1 or 613-580-2400
- Emergency Consular Assistance: 613-996-8885 (call collect) or email: [sos@international.gc.ca](mailto:sos@international.gc.ca)

Be sure not to become a victim of telephone or online fraud. If you receive a call from “Service Canada” asking for your Social Insurance Number this is **FAKE**. [Click here](#) for advice on how to protect yourself.

**Take care of yourself:** It’s OK to NOT be Ok. Please know that help is available, and we encourage you to reach out to [Distress Centre of Ottawa](#) to connect with someone at 613-238-3311.

### COVID-19 in Ottawa – Support and Assistance

- [Suspension of all water service disconnections](#)
- [Corporate Accounts Receivable Invoices](#)
- [Child-care and online activities](#)
- [Financial assistance](#)
- [Resources for people in need](#)
- [Housing Services](#)
- [Seniors’ supports and City-run long-term care homes](#)
- [Human Needs Task Force](#)
- [Corporate real estate](#)
- [Property Tax Hardship Deferral Program](#)
- [Covid-19 water bill relief](#)
- [Take care of yourself](#)

For more information visit [ottawa.ca/socialservices](http://ottawa.ca/socialservices). Be sure to visit our [COVID-19 website](#) for other resources and help during COVID-19.

### Resources

For information on housing loss prevention, contact the following agencies for help:

- [Action Housing](#) 613-562-8219
- [Housing Help](#) 613-563-4532
- [Community Legal Services of Ottawa](#)
  - West – 613-596-1641
  - South – 613-733-0140
  - Downtown – 613-241-7008
- [Clinique juridique francophone d’Ottawa](#) 613-744-2892
- [Tenant Duty Counsel Services- Landlord Tenant Board](#)



- [2-1-1 Ontario.ca](https://www.2-1-1.ontario.ca) for Income and Housing supports

## EMERGENCY FINANCIAL ASSISTANCE

- **Call 3-1-1 and press 4 for social services** (i.e. medical needs, trouble paying utility bills, housing arrears, etc.).

## Councillor Theresa Kavanagh's Contact Information

**Phone:** 613-580-2477 (After hours & weekends call 3-1-1 or 613-580-2400)

**Address:** City Hall - 110 Laurier Avenue West, Ottawa, ON K1P 1J1

**Website:** [BayWardBulletin.ca](https://www.baywardbulletin.ca)

**Email:** [BayWard@ottawa.ca](mailto:BayWard@ottawa.ca)



@BayWardBulletin.ca



@TM\_Kavanagh



@TM\_Kavanagh